

The Battle in the Valley **Folkstyle Wrestling Championships**

(Sponsored by the Farmington Wrestling Club and Bristol Boys and Girls Club) for Elementary, Middle School, High school and Open Wrestlers

Out of state wrestlers welcome!

Sunday, May 24, 2009 **Farmington High School** 10 Monteith Drive Farmington, CT 06032

PRE-REGISTRATION ENCOURAGED WALK-INS WELCOME!!

Madison weights will be used for all age groups except High School.

Weigh-ins Sunday, May 24th -

Elementary and MS 7:30 AM to 8:30 AM, wrestling starts at 9:00am – done by 12:00

HS division Weigh-ins 10:00-11:00AM wrestling begins at 11:30

Open weigh-ins from 11:00 to 12:00AM. wrestling will begin by 12:30

Bouts will be 3 periods (2 minutes for HS and Open, 1.5 minutes for Middle school and Elementary).

Consolations 2-1-1 for HS and Open, 1-1-1 for MS and ES

Seeding will be done by blind draw for Elementary and MS. HS will consider State and NE placewinners. Tourney will be double elimination. Medals for the top three finishers in each class.

During weigh-ins, all competitors will be inspected for skin rashes. Wrestlers with skin rashes will not be allowed to compete unless they have a current doctor's excuse saying they are under treatment, are not contagious as of a specified date and are cleared to wrestle. Tournament

officials reserve the right to refuse entry to questionable cases.

A 2008-2009 USA Wrestling card MUST be shown at registration. If you don't have a card, you may purchase one the day of the tournament for \$35.00. If you are under 18 years of age, a parent MUST sign this registration form for it to be processed. This is an insurance

requirement, and there will be no exceptions made. If a parent is not accompanying you to this tournament,
please download the application form from the link for 'important forms' on www.usawct.org, and
complete it with parent's signature and bring it to the tournament.
☐ Admission for Spectators: \$3 for adults, \$1 for students ☐ Free admission for Coaches with USAW
Coaches' Card
☐ Emergency Medical Personnel will be on-site. ☐ Breakfast, lunch and snacks available on-site
\$25.00 entry fee day of tournament, \$20 pre-registration.
☐ For Information: Contact Eric Misko at 860.379.5989 or email miskoe@fpsct.org
Pre-registrations can be mailed Eric Misko, Farmington Wrestling Club, PO Box 608, New Hartford, CT
06057
Check or money order made payable to Eric Misko

☐ No refunds of pre-registration fee except for injuries. Written documentation required.

HS Weight Classes 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285

Madison System will be used for all other age groups. Wrestlers will be assigned to correct weight class at weigh in. If there are not enough wrestlers for certain age groups, or if there is a large weight difference between wrestlers, some of the younger age groups may be combined to insure competitive wrestling.

The Battle in the Valley Folkstyle Wrestling Championships - Sunday, May 24, 2009

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NAME			
DATE OF BIRTH			
STREET			
CITY			
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STATEZIP			
email address			
TELEPHONE		••••	
2008-2009 USAW CARD #			
HS Seeding info (State, NEng, Natl F	· · · · · · · · · · · · · · · · · · ·		
Waiver and Release from Liability			
1. I,the undersigned, or	n behalf of myself, my heirs, and	d next of kin, personal representatives, age	ents, insurers, successors
and assigns (all hereinafter "Releasors") hereby FOREVER RELEASE, DISCHARGE AND COVEN	JANT NOT TO CHE THE INI	ITED CTATES OF AMEDICA WREST! I	NIC ACCOCIATION
INC., its insurers, its affiliate clubs, administrators,	NANT NOT TO SUE THE UNI	TED STATES OF AMERICA WRESTLI	NG ASSOCIATION,
agents, directors, officers, state organizations, members	ers, committees, volunteers, all	employees of USA Wrestling, and any and	d all participants, officials,
referees, coaches, host clubs, sponsoring agencies,		. ,	
sponsors, advertisers, local organizing committees (a	nd if applicable) owners, lessor	s, and operators of premises used to condu	ct any USA Wrestling
sanctioned event, meet, practice or activity (all hereinafter "Releasees") from any and all liabilities, or	claime damande causas of activ	on or losses of any kind or nature nest nre	scent or future direct or
consequential that I may hereafter have for	namis, demands, causes of action	on to tosses of any kind of nature, past, pre	sent of future, direct of
PERSONAL INJURY, PERMANENT, TEMPORAL	RY, TOTAL OR PARTIAL DIS	SABILITY, DISFIGUREMENT, PARALY	YSIS AND ANY OTHER
LOSSES OR DAMAGES TO PERSON OR		TO THE THE THE	at a la desarra
PROPERTY OR DEATH, arising out of my participal including, but not limited to, LOSSES CAUSED BY		ng to and from any USAW wrestling sanct	lioned event or activity
THE PASSIVE OR ACTIVE NEGLIGENCE OF TH		ent or obvious defects in the facilities or e	quipment used.
2. Releasor understands and acknowledges that USA			
amount of care, caution, training, instruction,			
supervision, or expertise can eliminate. RELEASOR PERMANENT, TEMPORARY, TOTAL OR PARTI	EXPRESSLY AND VOLUNT	ARILY ASSUMES ALL RISK OF PERSO	ONAL INJURY,
DISABILITY, DISFIGUREMENT, PARALYSIS A		R DAMAGES TO PERSON OR PROPER	TY OR DEATH, sustained
while participating in, attending, preparing for or			
traveling to and from any USA Wrestling sanctioned	event, meet, practice or activity	y, including the risk of PASSIVE OR ACT	TVE NEGLIGENCE OF
THE RELEASEES, or hidden, latent or obvious defects in the facilities or equipment used.			
3.Releasor acknowledges and fully understands that	each participant in any USA Wi	restling sanctioned event meet practice or	activity including
Releasor, will be engaging in activities that involve r	isk of		
serious injury, including permanent, temporary, total	or partial disability, disfigurem	ent, paralysis and other losses to person or	property, including death,
and that severe social and economic losses may also result not only from Releasor's own actions, inac	otiona on moolioomoo hut olaa fu	om the estions inections or mediacuse of	ath ara matuvithatan din a tha
rules of play or the condition of the premises or of	tions of negligence, but also fro	on the actions, mactions of negligence of t	others notwithstanding the
any equipment used. Furthermore Releasor acknowle	edges and fully understands that	there may be other associated risks with s	such activities which are no
known or not reasonably foreseeable at this time.			
I ACKNOWLEDGE THAT I HAVE HAD SUFFICE UNDERSTAND ITS PURPOSE, MEANING AND	INTENT.		UMENT AND
(Participant's Signature) (Print Name) DATE			
The undersigned does he in such capacity agrees to the terms and conditions	reby represent that he/she is, in	fact, the parent or guardian of	and acting
in such capacity agrees to the terms and conditions	,		
of the above stated waiver and release.			
(Signature of Parent or Legal Guardian) (Print Name			